



VOL. 39, NO. 5

BROADMEAD, COCKEYSVILLE, MD

January 2018

A Letter from the Co-Editors

Dear Voice Readers,

We write to introduce ourselves as the new co-editors of *Voice of the Residents*. Preceded by eleven editors (see page 5) since the Voice began publication in 1979, we are the first co-editors. This represents both an experiment for the Voice and a new phase for our marriage.

Last March, our Broadmead community was saddened by the death of Managing Editor Marcia Reinke. Even in her last days, Marcia expressed concern for the Voice and the BRA, and the future of our community.

While the search for Marcia's successor was underway, the Editorial Board and its writers and photographers diligently produced several splendid issues of the Voice, with Jackie Mintz serving as Acting Managing Editor.

During the summer, a special task group composed of Voice staff members and members of the BRA Executive Committee undertook a study of several options for The Voice, some of which included drastic changes in it as an institution central in telling and preserving the Broadmead community story.

One day in August we were visited by Kitty Stierhoff and Bob Heaton. They made a persuasive case for us to consider serving as co-editors. While we are both much interested in the written word, serving as an editor is a role neither of us has ever undertaken. Yet we said "Yes."

We did not start right away. During the fall season, we have been provided helpful orientation and coaching; we have observed much that is necessary to guide and create an issue of the Voice. We honor here the

continued on page 2

Extent of Health and Wellness Center of Excellence still being debated

By Bob Heaton

Under Broadmead's Master Plan, two Centers of Excellence, one for Health and Wellness and the other for Dementia Care, have been given prominence. They are intended to be best practices programs, reflecting Broadmead's position as a leading provider of care and services for the elderly.

The Board of Trustees has announced that both centers are now in development and will achieve full operation when physical renovations have been completed, in about three years.

In the meantime, plans move forward. Andy Switzer, Director of Wellness and Life Enrichment, has been very active. A survey conducted recently by the Voice identified 23 programs initiated by Andy.

When asked whether this proliferation of programs competes with, or even replaces, BRA activities organized, run, and financed by

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Employee Appreciation Fund

Totals a record \$61,000

Inside:

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The masthead photo by Erroll Hay shows a cold bluebird warming itself in a heated bird bath in back of D-3.

Co-editors, from page 1

dedicated Voice Editorial Board that produces 10 issues of the Voice each year. Now, in January 2018, here is our first issue. We are most dependent on Jackie, who continues as associate editor for layout, with Del Sweeney serving as copy editor. Bob Heaton has stepped up as associate editor for content. And there are more who serve in vital roles.

Each issue of the Voice has its beginnings in an Editorial Board meeting about a month before publication and distribution. Topics are suggested and assigned to writers, and photos are recommended. Deadlines are established for the submission of articles.

Writers get busy checking facts, consulting sources, and submitting their drafts, which are then reviewed for content, factual accuracy, and style. Photographers take their photos. Numerous emails fly back and forth. The copy editor polishes the articles. Layouts of photos, information boxes, and articles are completed. Sharp-eyed proofreaders examine everything.

We send the final version off to the printer, who delivers the published product for distribution in residents' mailboxes; others receive the Voice electronically.

The Editorial Board is open to suggestions for articles and announcements, especially where we might cover certain aspects of Broadmead community life more fully. In our role as co-editors, keeping in close touch with the BRA and the Broadmead administration and staff is important. We want to nurture the Voice team and also encourage others to come forward to share ideas.

Get in touch with any of the Voice staff with suggestions. You can send us a letter to the editors, a few excerpts of which we may publish if they are in accord with our stated Editorial Policy (see page 20). Place your messages in the Voice mailbox or send an email to voiceBRA@gmail.com. Best wishes for the New Year!

Susie and Bob Fetter

Editorial Board of the Voice



Front row, from left: **Sue Baker, Mary Ellen McMillin, Bob Fetter, Jackie Mintz, Susie Fetter, Del Sweeney, Erroll Hay.** Back row, from left: **Richard Goody, Elsa Collins, Penny Partlow, Gwen Marable, Elborg Forster, Ed Hirschmann, Jai Dixon, Mary Ellen Saterlie, Jane Elkinton, Angela Breakey.** Not pictured: **Bob Heaton and Sidney Levy.**

Know Your Neighbors

Wear Name Tags
First three days of the month

Let's Sing

Monday, January 15
7 p.m. Lounge

Dementia Care Center announces new initiatives

By Jackie Mintz

At a recent Fireside Chat, residents learned about several developments at the Center of Excellence for Dementia Care. They also heard about a possible program enabling seniors in the wider community to age in place.

Center of Excellence for Dementia Care

Equine therapy. Stacey Young, Director of Lifestyle and Dementia Programs, described the progress of a new equine therapy program. Five residents participated in a 5-week pilot program at the Rose of Sharon Equestrian School, in which they groomed and fed horses and established a relationship with them. Stacey and Andy Switzer, Director of Wellness and Life Enrichment, presented anecdotal evidence of the progress made by the participants. Three residents who were previously uncommunicative became more animated and talkative, even initiating conversations. Although most had previous experience with horses, a resident who had no prior experience appeared to make the greatest progress.

Stacey confirmed that therapy with smaller pets is also used. Replying to a resident's question, she said that the program costs \$60 per hour per participant and that 50 percent of the funds have come from the Bruck Fund to date.

Neuropsychological assessment. Stacey announced that neuropsychologist Elizabeth MacDougall, Ph.D., will now be at Broadmead more regularly to assess individuals for possible dementia. Dr. MacDougall is very familiar to Broadmead, having conducted such assessments since 2003.

Geriatric case management. Stacey also announced that Broadmead had entered into a partnership with a geriatric case management company, Ferretto Eldercare. Based on interviews with the client, family members, and the client's physician and other professionals, the company will report on multiple aspects of a resident's life situation, including his/her medical, financial, legal, social, spiritual, and

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Transition to Taylor Hall is based on need, not on list position

By Sue Baker

Taylor Hall offers not only an attractive residential setting, but also many advantages for residents who are no longer able to accomplish two or more "activities of daily living." These activities include dressing themselves, personal hygiene, managing their medications, and getting to meals. If a resident believes that she or he needs the additional attention that Taylor can provide, it is probably time to contact the Care Management Committee, which is chaired by Ann Patterson and includes a social worker and representatives of the Outpatient Department and Friends Circle. The social work team at Broadmead, a family member, or the medical provider can also start the conversation.

If the committee concludes that a resident meets the criteria for a move to Taylor but no room is available, then Friends Circle services are engaged temporarily at Broadmead's expense.

Thus, anyone who needs managed care, whether in a cluster or in Taylor, will receive it. The timing of a move to Taylor is determined by need and urgency, not by position on the wait list. The list serves the purpose of helping the care management team to be aware of possible future situations.

If the need for transitioning is not urgent, it may be wise to initiate the conversation as soon as additional services are needed. This helps the care management team ensure that the resident is aware of care options that can support independence. For example, medication management, meal delivery, and rides to meals or medical appointments are available.

The Committee also keeps close tabs on people they believe are about to need assisted living services, whether they have asked for them or not.

Ceramics

Thursdays

1 - 3 p.m.

Lower Level Ceramics Studio

Building and Grounds Committee has years of hard work ahead

By Sidney Levy and Bob Heaton

Master Plan construction has not yet begun, but the Building and Grounds Committee has been fully engaged in envisioning and helping to shape the myriad changes to Broadmead's campus during the next several years. The committee currently articulates residents' wishes about aspects of completed work, particularly with regard to sustainability issues. Soon, it will also be conveying residents' reactions to the dislocations that are sure to occur as construction moves forward.

Bernie Anderson chairs the nine-resident committee. Other members are Loretta Cunninghame, Jai Dixon, Dot Gustafson, Fred Meise, Sally Robinson, Mary Frances Wagley, Eric Walbeck, and Jean Wilson.

The committee has been meeting monthly, and Bernie expects to maintain that schedule through 2018.

Bernie defines the BRA's charge to the committee as:

1. Consultation and cooperation with the Senior Director of Facilities (Joyce Malone); Director of Safety, Capital Planning, and Transportation (George Pattee); Director of Maintenance (Dave Witkowski); and Grounds Manager (Linnette Kanitz).
2. Communicating concerns and suggestions from residents to the appropriate director.
3. Submitting, to the Finance Committee of the BRA, suggestions for items to be included in the Administration/Trustee Budget. The Chair meets with the Finance Committee to complete a list of recommendations to the Administration.

In addition to the activities described above, Bernie has been guiding the committee through the Master Plan components that will have the most impact on daily life at Broadmead during and after its implementation. The committee has given input on the relocation of the entrance road, the community garden plot, and the dog park. Also, resident tree expert Jai Dixon has been

reviewing the impact that construction will have on Broadmead's inventory to ensure that the 137 trees scheduled for removal do not include certain heritage specimens.

Concern has also been expressed about sustainability and environmental factors. The U.S. Green Building Council, formed in the wake of the oil crisis of the 1970s, has developed a rating system to encourage the use of materials that are recyclable, reusable, and renewable. Broadmead's environmental consultant, Steven Winter Associates, is helping Broadmead to achieve as high a rating as possible. The B&G Committee is encouraging this effort.

Campaign launched to combat seasonal illnesses

By Jackie Mintz

COO Robin Somers and Health Care Administrator Ann Patterson have announced intensified efforts designed to defeat the flu and seasonal viruses. Learning from last year's experience with a norovirus outbreak on campus, the new program is increasing preventive measures.

Robin reported that, in response to a recent incident in which a resident with symptoms was about to enter the Arbor Café, a team from Food Service and Maintenance thoroughly disinfected the café and surrounding areas. The disinfecting process is ongoing. In addition, changes were instituted in food service areas to reduce residents' handling of food.

Residents are discouraged from coming to the Center if they have flu or norovirus-like symptoms and are asked to call the Outpatient Department instead. In addition, they should stay at home for a minimum of three days after symptoms subside. Residents are also urged to discourage visits from friends and family who are ill.

Correct hand-cleaning is also emphasized.

Broadmead Chorus

Rehearsals

Fridays, 10:30 - 11:45 a.m.

Auditorium

Broadmead can cope with snowstorms and other challenges

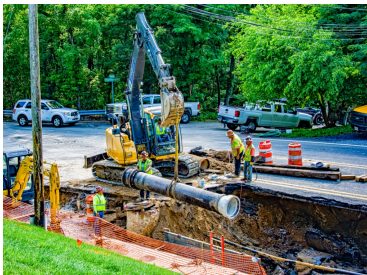
By Del Sweeney

This month is the second anniversary of the January 2016 record snowfall of 35 inches in Cockeysville. Newcomers to Broadmead may be interested to learn how Broadmead residents have coped with—and survived—snowstorms and other challenges. The collaboration between residents and staff truly shines at these times.

Two years ago, both before and during the storm, Broadmead staff moved into high gear. Forty-seven staff members stayed overnight, providing meals for the community and round-the-clock nursing care. Air mattresses and cots were set up everywhere. The walks and the roadways were kept clear.



This was not the only challenge of 2016. In June, a water main break right outside the Broadmead entrance cut off water to Broadmead and closed access to the south on York Road. Water did not flow again for about 48 hours. During this period, staff delivered bottled water to residents' apartments, and large trash bins full of water to flush toilets were placed in the clusters. Repairs to the enormous sinkhole created on York Road took about another week, and newcomers learned to navigate circuitous routes to the north.



One reason staff and residents coped so well during the 2016 snowstorm is that Broadmead had experienced this before. In February 2003, another blizzard hit the East Coast, depositing more than two feet of snow. Meals and nursing care were the highest priorities. Twenty Food Service staff delivered

the main meal door-to-door for two days in a row. The president of Friends Care ferried staff to and from work, and the nursing staff worked five shifts in three days. Residents asked what they could do to help, and the response was, "Please set up a baby-sitting service for staff." And so they did.

During the big snowstorm of 1983, only Broadmead's fourth year, members of the Food Service Committee pinch-hit as food servers.

Finally, let us not forget the pioneering "mudders" of 1979. As Jim Fleming, the first Voice editor, wrote in the initial October 26 issue: "The heroes and heroines who have had to 'make do' with lodgings in Holly House and several motels, will have sterling advantage over all other Residents.... Those who come in after all the roads are paved, the heating working one hundred percent efficiently...and the dining room operating, will not have the same sense of 'conquering new frontiers.'"

Voice Editors

Jim Fleming, 1979–1982
 Draza Kline, 1982–1985
 Leo Bridge, 1985–1990
 Helen-Mary Overstreet, 1990–1992
 Ruthanne Baldwin, 1992–1994
 Harry Scott, 1994–1999
 Bob Davies, 1999–2003
 Fran Beasley, 2003–2009
 Dick Hutzler, 2009–2010
 Marcia Reinke, 2010–Feb. 2017
 Jackie Mintz, March 2017–Dec. 2017

Note: During part of Jim Fleming's tenure, Dot Graham and Margaret Bouchelle each served as "Editor-in-Charge." Robert Davies was the first editor who prepared The Voice with a computer. Marcia Reinke, the longest serving editor, introduced color.

2017 Round Robin Three Bridge Results

1st - Mary Jane Kiefaber and Bob Heaton
 2nd - Florence Platt and Helen Davis
 3rd - Jean Wilson and Aggie Merrick
 4th - Park and Marj Espenschade
 5th - Bea Post and Jean McGregor
 6th - Joan McShane and Lois Johnston

Wellness, from page 1

residents, Andy noted that some Wellness initiatives have been experimental, with the successful ones (for example, Happy Neuron, The Exchange, Food for Thought) being retained, while others (Scavenger Hunt and Croquet Tournament, for example) being dropped.

Andy also pointed out that a number of activities are jointly run by staff and residents, such as Trail Day and Heels, Wheels, and Aqua Seals. He said he hopes people will view these not as Wellness programs or resident programs, but as Broadmead programs. A new initiative along these lines is the interaction of Broadmead artists with students at the Maryland Institute College of Arts (MICA). About a dozen MICA sculptors hope soon to exhibit their work on the Broadmead campus.

As has been noted at BRA Board of Directors meetings, the Health and Wellness Committee has elected to concentrate on the “health” portion of its charge. As a result, the formation of a separate Wellness Committee is being considered as a means to better coordinate BRA and Wellness activities.

Andy believes that there are seven facets defining wellness for seniors: Personal Growth; Altruism; Holistic and Progressive Healthcare; Fitness, Nutrition and Function; Spiritual Connections; Social Interactions; and Stewardship. The activities that he has introduced are intended to help residents move toward those goals.

Andy thinks it is important to develop measures to evaluate the efforts of his department. Already in place are tools for assessing physical function. Program participation is being tracked more closely than previously. But, said Andy, ultimate success will be expressed in terms of how well the goals of each individual are met.

In the area of Holistic Wellness, progress has to be measured subjectively. Andy anticipates the addition of a half-time Wellness nurse who will administer self-assessment questionnaires for residents regarding the seven wellness facets mentioned above.

While the center could result in a model for other CCRCs to study and emulate, the

primary objective, Andy said, is to achieve the highest possible level of wellness of Broadmead residents. He added that after that goal has been achieved, Broadmead may offer to share successful practices with other organizations.

Andy pointed out that “Health” in the Center’s name should not be confused with health care, which is an entirely separate operation under the direction of Ann Patterson. Health and Wellness is preventive in character, while health care focuses on treatment. Therapy, which is provided by Genesis Rehabilitation, ministers to both departments.

Mary Ellen Saterlie contributed to this article.

Broadmead has had overlapping generations

By Bob Fetter

Brigid Goody’s recent arrival at Broadmead, where her father, Richard Goody, already lives, raised the question about other cases of two generations of a family sharing Broadmead residency. Preliminary inquiries have yielded three examples.

When Helen-Mary Overstreet moved here in 1982, her parents, Bliss and Laverne Forbush, were already residents.

When Chas and Priscilla Stieff moved here in 2000, Chas’s mother, Claire Stieff, was among the Mudders still in residence.

Not long ago, Dottie Pearre’s daughter Molly, with Molly’s husband, Roman Schaeren, lived here simultaneously with Dottie for four years.

Are there other instances? Readers are asked to submit examples to the Voice’s mailbox (voiceBRA@gmail) so that this story can be expanded.

Along similar lines, there have been occasions when three generations of an extended family served on Broadmead’s staff at the same time. Such occurrences reflect dedication and commitment to a friendly working environment.

Know Your Neighbors

Wear Name Tags

First three days of the month

Kwanzaa celebration held at Broadmead

By Gwen Marable

On day 2 of the 7-day celebration of Kwanzaa, the Multicultural Committee presented its annual program. The program explains the origin and purpose of Kwanzaa, which is not a religious festival but an African American cultural celebration of harvest time.

Dr. Maulana Karenga created the tradition of Kwanzaa in the United States in 1966. Its purpose is to reaffirm the commonalities among all black people. The festival celebrates the "First Fruits" through storytelling, music, and dance.



Erroll Hay

Karenga's design identified the "Seven Principles," celebrating one each day from December 26 through January 1.

The principles, intended as a renewal of the spirit, were shared with attendees. The storyteller this year was Mama Linda Goss, the founder of the National Association of Black Storytellers, whose stories have been archived in the Library of Congress.

Kwanzaa has spread far beyond the United States since 1966 and is now celebrated worldwide.

Former CIA operative criticizes President Trump's foreign policy decisions

By Ed Hirschmann

Melvin Goodman, retired CIA senior analyst, continued his review of the Trump administration's foreign policy in his fourth and final talk to Broadmead residents, sponsored by the Adventures in Learning Committee.

His talk came on the day that the *Baltimore Sun* reported that President Trump would probably recognize Jerusalem as a part of Israel and move the U.S. Embassy there from Tel Aviv, touching off furious protests in most Arab nations. Goodman called this move "a terribly bad idea," because it reduces American influence in the Middle East while gaining nothing.

He compared this move both to Trump's withdrawal from the Trans-Pacific Partnership, which has left China the dominant power in the Western Pacific, and to the decision to withdraw from the Paris Climate Agreement.

As a consequence of such policies, Goodman asserts, Turkey is buying its air defense system from Russia, and Egypt has agreed to let Russia use its air bases for the first time. Malaysia is now going to buy its arms from the Chinese.

Goodman blamed these setbacks on the departure of expertise from Washington. Almost one year into the Trump administration, just two of the 22 top positions in the State Department have been filled.

The speaker also noted the lack of capable leadership in both political parties. The Republicans have gradually yielded to the domination of Trump and his followers, he said, while the Democrats have a great need for fresh leadership. Their best prospect for executive leadership is former Vice President Joseph Biden, but Goodman fears Biden is now too old.

Martin Luther King Jr. Birthday Celebration

Sunday, January 14

3:30 p.m. Auditorium

Program to be announced

County Councilman Kach discusses current issues

By Sidney Levy

Baltimore County Council Representative Wade Kach was the guest speaker at a December Open Forum session. Kach has represented the Third District, which includes Broadmead, since 2014. He sat in the



Maryland House of Delegates from 1975 to 2014, tying the record for the longest delegate service in Maryland history.

Kach explained that his legislative priorities are achieving more transparency in the council's proceedings and protecting the environment within his district. With

regard to transparency, he pointed to his efforts to require special interest groups to register, and to make lists of these groups available to the public online. This requirement came to fruition recently when zoning changes were made.

The council is considering offering farmers \$2,000 per acre to allow placement of solar panels. Kach views this proposal as a step backward because it would create more water runoff, requiring additional control. Instead, he suggests installing these panels on the roofs of the many mid- to high-rise buildings in the area.

Kach assured the audience that he will continue to address these important issues, as well as others that may impact the community.

BRA Health Care Lecture Successful Aging and Compassionate Caregiving

Ann Kaiser Sterns, Ph.D.

Tuesday, January 16
10:30 a.m. Auditorium

Met Opera Bus Trip

Charles Theater

Tosca - Giacomo Puccini

New production

Saturday, January 27

Bus departs: 11:55 a.m. Lower Level

Return by 5:30 p.m.

*Please check the **Bulletin Board**
behind the reception desk*

for information and sign-up sheets.

Bus charge is \$15/person

Buy opera tickets at the Charles Theater.

Local continuing education venues

By Ed Hirschmann

The Adventures in Learning Committee is promoting information on five continuing education programs at area colleges. Contact information about the programs is given below.

The *Odyssey Program at Johns Hopkins*, Homewood campus. Courses begin mid-February. Cost per course: \$30–\$298. Info: odyssey@jhu.edu; 410-516-4842.

The *Osher Program at Towson University*, 7400 York Rd. Classes begin March 5. Membership cost: \$50 a year; \$65 per course or \$150 for the session. Info: osher@towson.edu; 410-704-3688.

The *Osher Program at Hopkins*, 6740 Alexander Bell Drive, Columbia, with other courses at Grace United Methodist Church, Charles St. & Northern Pkwy; Spring session begins Feb. 19. Membership: \$560; www.osher.jhu.edu; 410-516-9719.

The *Renaissance Institute at Notre Dame of Maryland*, 4701 N. Charles St. Classes begin early February. Membership: \$215 per semester; ndm.edu/renaissance; 410-532-5351.

Community College of Baltimore County, Hunt Valley Extension Center, 11101 McCormick Rd. at Wight Ave. Classes begin Jan. 9; Cost: \$64–\$99 per course; www.ccbcmd.edu/flexreg; 443-840-5830.

Broadmead Welcomes . . .

John Elliott Mays, M-4. 443-578-8312.
jcjemays@aol.com. November 2017.

John Mays, best known as the owner of Kingsdene Nursery, grew up just six miles north of Broadmead. His parents and grandparents owned Avondale Farm, where they raised poultry and dairy cows. He was in the first class to graduate from the "new" Hereford High School.

John graduated from the University of Maryland and earned a master's degree in business at George Washington University. He began his career as personnel supervisor at the Black and Decker Company in Towson. After that he became personnel manager at the Baltimore Paint and Chemical Company (later Sherwin Williams), where he remained for 13 years.



In 1977, he took over the Kingsdene Nursery and developed the nursery, landscaping, and garden center on York Road. He "semi-retired" five years ago.

John has been active with the Hereford Community Association, the Hereford Zone Business Association, the Gunpowder Agricultural Club, and Hereford High School. He has sponsored numerous organizations in Independence Day parades, including 4-H Clubs and Future Farmers of America.

John is past president of the Personnel Administration Association of Baltimore and has received many awards, including Person of the Year, from the Maryland Nursery and Landscape Association, and alumnus of the year from the Sparks-Hereford Alumni Association. He has been quoted as saying, "I really like to be behind the scenes and don't need all this attention."

Not surprisingly, John lists gardening as one of his hobbies. He and his wife, Jane, enjoy trips on river boats and cruise ships.

By Mary Ellen Saterlie

Jane Jones Mays, M-4. 443-578-8312.

jcjemays@aol.com. November 2017.

Jane Mays began her career as a statistician, but eventually became co-owner of Kingsdene Nursery.

Born in Clarksburg, WV, she was an infant when her family moved to the Wiltondale area of Baltimore. Jane attended Towson High School and then earned a B.A. in economics from Gettysburg College.

After graduation, Jane worked as a statistician for the Jones-Laughlin Steel Company in Pittsburgh and then came back to work at Black and Decker. There she met John

Mays, who not only interviewed her for the job but later also asked her to marry him, which she did in 1961. In 1962, Jane took a job as statistician at T. Rowe Price, where she worked for five years.

Along with her husband, she bought Kingsdene Nursery in 1977. They moved to Hereford in

1981, where they remained

until moving to Broadmead.

Jane has been active in the community, working as a Girl Scout Brownie leader in Overlea and as a volunteer in the Hereford Library. She has co-chaired, with her husband, fundraising programs for the Hereford Zone Business Association, raising large sums of money for the fire department, the food bank, and other community charities.

Jane and John enjoy cruises, on large ships and especially on river boats, in Europe. Jane is also an ardent bowler and a lover of mystery novels.

The Mayses have two yellow labs, Misty and Ginger, who are slowly adjusting to Broadmead.

By Mary Ellen Saterlie

New Arrivals

Jean Simms

R-15

Caroline Coleman

A-13

Fireside Chat, from page 3.

other needs. It will then develop a comprehensive care plan of findings and recommendations for the resident and the family caregiver. Though expensive, the Trustees determined that such a program was important and approved paying for it for one year for eligible residents, on a trial basis. According to President Mary Faith Ferretto, who explained the program in a video, this is the first such program in the state of Maryland.

Community for Life Initiative

CEO John Howl told residents of a new Department of Aging initiative, Community for Life, aimed at providing services to seniors in the larger community to enable them to "age in place." Broadmead has been invited to submit a proposal, one of the first four in the state to be asked. As outlined, such services could include transportation, delivery of meals, home maintenance, and other non-medical services. Broadmead plans to submit a proposal shortly. John emphasized that any such program would be financially independent of Broadmead, Inc. and that no resident fees would be involved.

Senator Cardin speaks to MaCCRA, delegates to lobby in Annapolis

By Ed Hirschmann

U.S. Senator Ben Cardin spoke at the Maryland Continuing Care Residents Association's semi-annual meeting held at Oak Crest Village in December. He touched on the current struggle in Washington to enact viable tax reform legislation.

Delegates to the meeting made plans to lay residents' concerns before state legislators on Wednesday, February 7. That will be MaCCRA Day in Annapolis, and busloads of residents from member chapters will try to collar their representatives in a major lobbying initiative led by Broadmead resident Alma Smith, president of the state association.

A sign-up sheet will be posted on the bulletin board in January. A Broadmead bus will be used if there are enough participants.

New OPD staffer has international background

By Penny Partlow

There's a new face in the Outpatient Department. Aline Sweeney will be at the front desk and telephone from 8 a.m. until noon and then will assist in Hallowell until 4:30 p.m.

If one detects a slight accent, that's because Aline's [pronounced ah-LEE-nee] native language is Portuguese. She came to the United States seven years ago from Sao Paulo, Brazil, as an au pair for a Baltimore family. Her plan was to become proficient in spoken English, get an associate degree as an executive secretary, and return to Brazil. That was before she met Sean Sweeney, a Towson University graduate who works in the finance department at Tesco. They married in 2013.



Erroll Hay

Aline is pursuing a degree in health information management and will transfer from Baltimore County Community College to Coppin State University in 2018 to complete her studies.

In 2015 the Sweeneys bought a house by the bank of the Gunpowder River in Glen Arm. Aline has an Italian background and enjoys cooking Italian food and entertaining.

Sew and So

Tuesday and Wednesday
10 a.m. - noon Room S-215
443-578-8816

Freshly laundered garments only!
Volunteers needed

In Memoriam

Jane James

June 26, 1930 - December 5, 2017

Residents make holiday visit to the Brandywine Museum

By Elsa Collins

As the bus traveled across rural northern Baltimore County toward the Brandywine Museum, the 11 Broadmead residents on board were treated to a preview of the Brandywine River region. The bright blue sky and the brown-greens of early December foreshadowed the museum's setting. The museum is located in Chadds Ford, PA, in a restored eighteenth-century grist mill. Works of art are juxtaposed with views of the Brandywine River area through the floor-to-ceiling windows of the modern additions to the original building.

The Brandywine Museum-Conservancy features the works of three generations of the Wyeth family, early American portraits, landscapes, still-life paintings, and revolving art exhibits from the nineteenth century to the present. In addition, there are trails, outdoor artwork, and native plants on the 15-acre site.

This December trip afforded visitors opportunities to admire the festive trees decorated with ornaments made with natural materials. The gift shop offered holiday decorations, books, and art mementos.

BRA Concert Series Chad Bowles

Piano

Sunday, January 14

2 p.m. Auditorium

Adventures in Learning

James O'Hara

Professor, Loyola University

The Supreme Court

January 10 - **Functions of the Court**

January 17 - **Cases Before the Court**

January 24 - **Is the Court too political?**

January 31 - **The Justices**

Wednesdays, 10:30 a.m. Auditorium

Philanthropy at Broadmead needs encouragement

By Bob Heaton

At the December Fireside Chat, Jennifer Goforth, Vice President for Advancement and Communication, reported to residents that the Board of Trustees has approved an initiative to cultivate a culture of philanthropy at Broadmead.

Earlier in 2017, the Board approved a feasibility study to determine the likelihood of a successful capital campaign if it were launched in 2018. The study, conducted by Averill Fundraising Solutions, involved 53 in-depth interviews—residents (couples counted as one interview), non-resident prior donors, staff, present and former trustees, and foundation representatives.

The final report from that study was presented to the Board in November. The report showed that while 66 percent of those surveyed reacted “favorably” or “very favorably” to proposed plans for a campaign, 34 percent did not. Averill looks for an 80 percent favorability rating to recommend moving forward with a campaign.

The Board concluded that a more robust giving atmosphere is needed before a campaign can begin. Jennifer has been charged with enhancing the Annual Fund by casting a wider net and by crafting stronger case statements for gift destinations.

As part of a question from the floor, a resident noted that under earlier Board policy, Broadmead residents would not be solicited to give to Broadmead, because residents typically already contributed to numerous outside philanthropic organizations.

First Monday Book Group

10:30 a.m. Auditorium

January 1

Maine

by J. Courtney Sullivan

February 5

Hillbilly Elegy

by J.D. Vance

THE CREATIVE SCENE

By Jane Elkinton

The splendid efforts of the Holiday Decorations group gave the Center a joyous mood for the season. This annual task is carried out by a team headed by Elsa Collins. Fourteen committees, each with four to six participants, are designated by location and complete the installation in one hour. Eighteen trees are decorated and placed; swags, wreaths, and poinsettias abound; and a crèche is installed, along with displays for Kwanzaa and Hanukkah. Taylor Hall residents prefer to do their own decorating.

On January 2, the trimmings will be returned to boxes and bags for storage until the next first Tuesday of December. The whole operation is a prime example of effective resident organization and teamwork complemented by support from the Maintenance staff.

Twenty-five resident artists and authors have exhibited their work at the Old and New Shop, which held a well-attended reception to introduce the artists to the community. Some artworks are not for sale, while others are modestly priced and have been selling successfully.

The January exhibit in the East Hall features the Resident Art Show, displaying works in a variety of media. The East Hall shows are now under the direction of Carolyn Murphy, Jackie Mintz, and Lynn Jones, who inherit a rich history of exhibits in that space curated by Nancy Boyce. Nancy will continue to direct the Display Case offerings.

In the Lower Level Gallery, the Photography Club members are presenting works based on the theme of water.

The Atrium offers "Material Explorations," with examples of three-dimensional art by resident

Nancy O'D Wilson, an MFA graduate of the Hoffberger School of Painting at Maryland Institute College of Art (MICA). Nancy exhibited last year in the SaatchiArt.com "New Sculptures" show. This exhibit presents works that juxtapose delicate lace with found objects in a spirit of serendipity and discovery. (See facing page.) Nancy's studio practice reflects

earlier principles developed in the Bauhaus School, and she is guided by color theories established by the artist Josef Albers.

These objects encourage the viewer to wonder about the qualities of the materials used and the ways in which their assemblage into new forms reinterprets their meanings. New rhythms of texture and color have been created in these works.

The exhibit will remain on view through January 23.

Erroll Hay

More sculpture will be on view at the end of the month as 12 MICA students from the graduate Rinehart School of Sculpture install their exhibit titled "Vicinus" (Latin for "neighbor"). Andy Switzer, Director of Wellness and Life Enrichment, together with a resident Art Advisory Committee, is working to develop an ongoing relationship with the sculpture program. This show and its associated activities are an inaugural interaction between MICA and the Broadmead community. In November, 21 residents visited MICA to see a Rinehart exhibit. They met with several of the students and engaged in a lively discussion with them. The Broadmead exhibit will be installed in various locations in the Center, so watch for announcements of an opening and other activities associated with the show.





Angela Breakey

At a gala reception at the Old and New Shop, resident artists displayed and sold their work. Top left, **Joyce Lister, Jane Elkinton, Carole Glowacki, and Mary Sturm**. Top right, **Court Robinson, Larry Schneider, and Bill Breakey**. Below: display of resident paintings, handcrafted work, sculpture, and cards.



Jackie Mintz

Work by **Nancy O'D Wilson** on exhibit in the Atrium. Top left, "Red Roots II" and "Red Roots I" ; top right, "Cement Flower." Bottom, "Broken Heart."

Know Your Neighbors

Wear Name Tags
First three days of the month



January Exhibits

East Hall
Resident Art Show

Display Case
Asian Art

Atrium
Material Explorations:
Objects by Nancy O'D Wilson

Lower Level Gallery
Photography Club: Water

Residents hear about current oral hygiene products

By Bob Heaton

At the Health Care Lecture in November, about 30 residents heard Caroline Owens, DDS, and her assistant, Jeannie Feist, give a complete rundown of over-the-counter and prescription products for the optimal care of teeth and mouth tissue.

Beginning with toothpaste, Owens spoke of the many choices available, noting that the most important additive for seniors is enamel protection. She said that brushing eliminates one-quarter of the oral bacteria and that rinses finish off the rest.



Angela Breakey

Caroline Owens

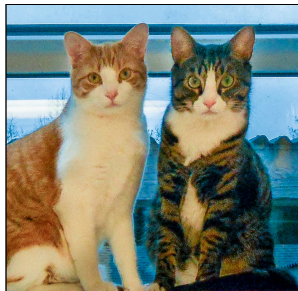
Owens once favored manual brushes with soft bristles and small heads for better crevice access. But she now strongly believes in power brushes, either spin (Oral-B) or vibration (Sonicare). Sonicare also offers a tongue-cleaning paddle, which can help control bad breath. Owens also likes floss picks for use between teeth.

She cautioned that some new denture materials may be vulnerable to hard brushes or some liquid cleaners. As for wearing dentures to bed, she said that wearing shoes all the time would produce foot odor. Wearing dentures all the time has the same oral effect.

Sitting in the window

By Marj Espenschade

Meet Ben and Dan, who are three-year-old litter mates adopted as kittens from Defenders of Animal Rights. They love people and most things except the HMA's vacuum cleaner. Passersby can spot them in the Espenschades' L-2 window.



Did You Know . . .

By Elsa Collins

At their second dinner at Broadmead, David and Diana Harley were surprised and pleased to be seated with Takashi and Sachiko Ono. Diana and David had read about the Onos in a newsletter from Marketing shortly before moving into J-9 in early October. From the newsletter, the Harleys learned about the Onos' recent travels to British Columbia and Japan. This information connected the Harley and the Ono families. David Harley had taught the Ono's son Monoro at McDonogh School.

Their families' second connection is with the University of British Columbia, where the Harley's son is a professor and their daughter-in-law has just become the event planner for Takashi and Sachiko's son Santa Ono, UBC's president.

[Editor's note: This is a new feature of the Voice. While many residents move here with friends, colleagues from work, religious communities, and even former neighbors, others have found connections they had not realized. Email your personal discoveries to: voicebra@gmail.com]

January Hallowell and Taylor

Friday, January 5, 11 a.m.

Hallowell Hall Cluster Meeting

Friday, January 5, 6 p.m.

Winter Wonderland Harp with Laura

Monday, January 8, 3 p.m.

St. Joseph's Church, Quorus Choir

Saturday, January 13, 3 p.m.

Magic with Liam and Laugherty

Wednesday, January 17, 3 p.m.

Monthly Birthday Party with Pat O'Brennan

Friday, January 19, 10:30 a.m.

Magical Experience Arts Company

Monday, January 22, 2:30 p.m.

Snowball Happy Hour with Mookie

Administration will prod residents to update personal information

By Bob Heaton and Susie Fetter

Upon arrival at Broadmead, all residents complete a fairly detailed information form referred to as a "Face Sheet." It includes such data as current and previous addresses, phone numbers, marital status, and insurance coverage.

But the most pertinent information, and the reason that regular updates are needed, relate to end of life issues. Does the resident have a legal power of attorney? A health care power of attorney? A do-not-resuscitate (DNR) order? What are the preferences for hospital and funeral home? Who should be notified in the event of death or crisis?

Health Care Administrator Ann Patterson notes that the default standing order for Broadmead medical personnel calls for life preservation by any means necessary. Stating that a DNR order exists will not change that procedure. Attendants need to see the original document, or hear verbal instructions from a representative with a health care power of attorney, to cease heroic measures.

Sometime during 2018, under Ann Patterson's direction, groups of residents will be contacted to refresh and correct the information on their face sheets. In 2019, the process will be repeated. In this way information will be verified annually, which will make staff jobs more efficient and reassure residents that their wishes will be honored.

The Broadmead Resident email List

To join the Broadmead Resident email list
send an email to:
brabroadmead@gmail.com

Also do this if you change your email address.

Broadmead Playreaders

I Laugh About It As Best I Can

Written and performed by Elborg Forster

Wednesday, January 10
7 p.m. Auditorium

The protagonist of this play is the 17th-century German princess Lieselotte (known in France as Madame, Duchesse d'Orléans), who lived at the court of the French Sun King, Louis XIV, after she married his brother, Philippe d'Orléans.

Elborg Forster's translation of some of Lieselotte's letters from the German was published in 1984 by The Johns Hopkins University Press.

Corrections

A Welcomes article in the November issue about new resident **Cynthia Fern** contained several errors:

Cynthia was born in Chicago, not Chevy Chase. She lived in Chevy Chase for 25 years.

Cynthia lived in Germany on two separate occasions, not one. On one of these stints, she met her husband.

The article said that her daughter, Natalie, had four children. In fact, three of Cynthia's four grandchildren are the children of her now deceased son, Chris. Her daughter, Natalie, has one child.

The article also stated that her "Handi-Dogs" group trained dogs and their owners to do work for people in need of help. Rather, the group trained owners to train their dogs to help with the owners' own disabilities.

Broadmead Writers Group

Fridays, 4 p.m.
Fireplace Room
Often followed by dinner
New members welcome

Briefs *By Jackie Mintz*

With new volunteers joining the Flower Committee, **Dosia Laeyendecker** recently gave a lecture to the group on the do's and don'ts of the art of flower arranging.



Kathleen Truelove

The 2017 BRA Holiday Party in Holly House drew a large crowd of residents. Enjoying the hors d'oeuvres are **Ginny Hoefner, Mike Bielefeld, and Ellen Williams. Tom and Frances Hawks** portrayed their usual Santa and Mrs. Claus roles, joined by **Gwyn Sirot**.



Erroll Hay



Erroll Hay

Choral Arts of Baltimore concert

Holiday season brightened by roving bands of singers

By Richard Goody

On the first night of Hanukkah, and 13 days before Christmas, 21 residents gathered in the Center Lounge under the leadership of Andy Switzer, Director of Wellness and Life Enrichment. The assembly first rehearsed three Jewish songs. They then split into groups of seven and embarked to spread joy in Hallowell, Taylor, and nearby clusters.

The Hallowell group conducted a sing-along in the West Lounge. The Taylor group began singing in the TV area and continued in the hallways. The third group sang in Clusters C and W, and in front of units showing lights along the way.

The two groups from the Center tried to serenade John Howl and Robin Somers, but they were not to be found. Finally, all moved through the dining areas singing "Deck the Halls." Participants described the experience as a happy event.

BRA Trips Committee

Reginald Lewis Museum of Maryland

Jacob Lawrence Exhibit

Thursday, January 4

Bus departs: 9:15 a.m. Lower Level

Return by 1 p.m.

Vermeer and the Masters of Genre Painting

The National Gallery of Art

Washington DC

Thursday, January 18

Picnic lunch on the bus

Bus departs: 9:30 a.m. Lower Level

Return by 3 p.m.

*Please check the **Trips Bulletin Board** behind the reception desk for information and sign-up sheets.*

Tom Horton assesses Chesapeake shellfish situation

By Ed Hirschmann

According to Tom Horton, the current environment for blue crabs in the Chesapeake Bay is “more hopeful than I’ve seen in the last 25 years,” which is good news for crab lovers. Horton, the Sunpapers’ environmental writer from 1972 to 1989, and later a feature writer, gave this optimistic assessment at the December Open Forum.

Accompanying his lecture was an hour-long film, “Beautiful Swimmers Revisited.” Horton spoke of the ups and downs in the lives and fortunes of bay crabs and of the watermen, whose rigorous lifestyle faces many threats.



Erroll Hay

One such threat is environmental change. A rise of a few degrees in water temperature could threaten the entire harvest. Water pollution, new diseases, and predators, such as the invasive snakehead fish, round out the hazards crabs face.

But there are some bright spots. Interstate rivalry has eased, allowing coordinated governmental regulations, assisted by modern technology. Another favorable sign is that watermen are accepting, and even assisting in formulating, measures to control harvests.

Despite Horton’s optimism about crabs, he is pessimistic about the situation for oysters, the bay’s second-largest shellfish industry. He said that an overall survey of oysters and their problems has been too long delayed. (See Ken Lewis’ oyster industry review on page 16 of the December Voice.)

Charm City Klezmer featured in annual Hanukkah celebration

By Del Sweeney

Hanukkah, or the Festival of Lights, celebrates the successful resistance of the Maccabees against the Syrians under Antiochus IV in the second century B.C.E. and the rededication of the Second Temple in Jerusalem. Resident Sheila Meyers told the story and lit the first candle of the menorah.



Angela Breakey

Broadmead residents were then treated to an evening of klezmer—“Jewish soul music”—from different parts of the world and joined band members in lively dancing.

Charm City Klezmer describes itself as a “family band.” On this evening, the performers were Judith Geller, vocalist (and French horn), Michael Raitzyk on guitar, their daughter Rebekah on violin, David Frieman on bass, and Seth Kibel on clarinet, saxophone, and flute.



Angela Breakey

Many of the musicians have jazz backgrounds, and residents heard new versions of some old favorites.

Great Decisions

Facilitator - Barry Rascovar

Mondays, 3:30 p.m. Auditorium

January 22 - **Waning of Pax America?**

January 29 - **Russia’s Foreign Policy**

Men’s Saturday Social

9:30 a.m. Auditorium

January 6 - Larry Schneider

January 20 - TBA

Please wear name tags

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.
Stony Run Board Room

Interfaith Vespers

Third Sundays, 4:30 p.m.
Lounge

Bible Study

(sponsored by
Govans Presbyterian Church)
Tuesdays, 10 a.m. Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
Second Wednesdays, 10 a.m.
Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
First Thursdays, 10:30 a.m.
Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by
Towson Unitarian Universalist Church)
Second Thursdays, 10 a.m.
Fireplace Room

Shabbat Service

Third Fridays, 7 p.m.
Fireplace Room

Conservation Tips

By Susie Fetter

With single-stream recycling now in place, residents are reminded that plastic items with the recycling symbols containing numbers 1 to 6, and paper can be combined.

A resident with a concern for electricity conservation has suggested that outside lights should be turned off when residents return to their apartments in the evening.

Residents should also turn off most inside lights before leaving their apartments for more than a few minutes.



BRA Open Forum

Maryland Clean Energy Initiative

Thursday, January 18
7 p.m. Auditorium

Vincent DeMarco

Maryland Clean Energy Institute

Baltimore Politics

Thursday, January 25
7 p.m. Auditorium

Matthew Crenson

*Professor emeritus, Political Science
Johns Hopkins University*

Art Deco Influence on Industrial Design

Friday, February 2
7 p.m. Auditorium

Ernest Liotti

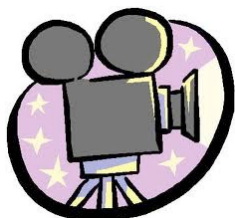
*Peabody Institute
Adjunct Professor, Loyola College*

Moving around Broadmead

	From	To
Richard Alden	H-243	T-330
John Benson	L-8	T-309
Junius Strayhorn	T-309	H-253
Sandra Butzow	H-250	T-324
Emery Cleaves	D-13	H-243

Paint and Pastels

Thursdays
10 a.m. - noon
Lower Level Art Room



Broadmead Movies

Auditorium 7 p.m.

Tuesday movies by Jim Logie

Saturday movies by John DePrine and Bob Gist

Tuesday, January 2 *Charade*

(Cary Grant, Audrey Hepburn, Walter Matthau)

Romance and suspense ensue in Paris as a woman is pursued by several men who want a fortune her murdered husband had stolen. Who can she trust?

1963 NR 1 hour 53 min

Saturday, January 6 *Kismet*

(Howard Keel, Ann Blythe)

Hadji, a Persian poet, becomes a rich man overnight, but his fortunate circumstance earns him the enmity of a wicked wazir.

1955 NR 1 hour 53 min

Tuesday, January 9 *Driving Miss Daisy*

(Morgan Freeman, Jessica Tandy, Dan Aykroyd)

An old Jewish woman and her African-American chauffeur in the American South have a relationship that grows and improves over the years.

1989 PG 1 hours 39 min

Saturday, January 13 *The Mountain Between Us*

(Kate Winslet, Idris Elba)

When their flight is cancelled by an impending storm, two travelers charter a private plane that later crashes in the Utah wilderness.

2017 PG-13 1 hour 52 min

Tuesday, January 16 *Breach*

(Chris Cooper, Ryan Phillippe, Dennis Haysbert)

FBI upstart Eric O'Neill enters into a power game with his boss, Robert Hansen, an agent who was put on trial for selling secrets to the Soviet Union.

2007 PG-13 1 hour 50min

Saturday, January 20 *The McKenzie Break*

(Brian Keith, Helmut Griem)

During World War II, a tough Irish army officer is sent to investigate rumors of an impending mass escape at a prisoner of war camp in Scotland.

1970 PG 1 hour 48 mins

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Tuesday, January 23 *To Catch a Thief*

(Cary Grant, Grace Kelly, Jessie Royce Landis)

When a reformed jewel thief is suspected of returning to his former occupation, he must ferret out the real thief in order to prove his innocence.

1955 PG 1 hour 46 mins

Saturday, January 27 *Goodbye Christopher Robin*

(Domhnall Gleeson)

This is the story behind A.A. Milne's classic book Winnie the Pooh and the effect it had on the lives of the people who inspired it.

2017 PG 1 hour 47 min

Tuesday, January 30 *The Sting*

(Paul Newman, Robert Redford, Robert Shaw)

Two grifters team up to pull off the ultimate con.

1973 PG 2 hours 9 min

Old and New Shop

Weekdays 10 - 2 Saturdays 11 - 1

*Barn Sale Treasures
for the new year!*

Come browse

Corner Cupboard

Weekdays except Wednesday 10 - 4:30

Concert Honoring

Carolyn Whittington
(1917-2017)

Great American Songbook

Iva Jean Ambush Group

Monday, January 1
2 p.m. Auditorium

**Do you have important personal papers
that you want to shred?**

Use Shred-it

*Located in coat closet
to left of entrance to Arbor Café*

For documents containing personal account
numbers, etc. Not for general paper

Voice of the Residents

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Editorial Policy

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent to voiceBRA@gmail.com.



Plants flourishing in the Greenhouse tended by Bill and Angela Breakey

Erroll Hay